

# Our Lady of Peace

SPRING

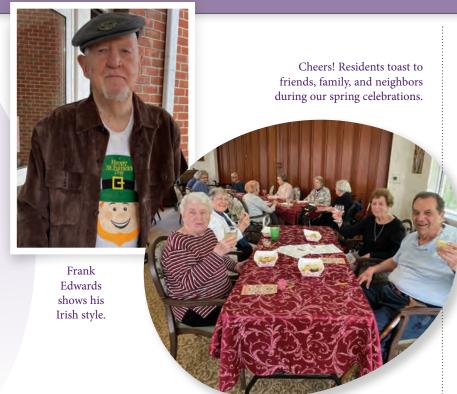
### **Retirement Community**

751 Hillsdale Drive • Charlottesville, Virginia 22901 • 434-973-1155



### Party People

Every holiday is a reason to party at Peace! Our St. Patrick's Day event had us sipping green drinks, eating Irish-themed goodies, and feeling lucky. Spicy snacks and Mexican music made Cinco de Mayo a special day. A classic cake walk (a resident favorite!) got us on our feet and competing for sweets!





### Happy Feet



Did you know? Walking can help improve coordination and balance for seniors, making falls less likely and improving health. Plus, it's just plain fun! Be on the lookout for our walking group and give them a wave—or join them! They're always welcoming new folks.

The Happy Feet Crew: Pictured top, left to right: Life Enrichment Associate Cameron Tanous, Sharon Sutton, Life Enrichment Associate Staci Beverage, and Joe Giovanelli.

Pictured right: Sam Muntner, Elaine Muntner, Eileen Bracuti, and Fay Garrison.





## The Coordinated Services Management Community Family

### Chesterbrook Residences

Residential Living, Assisted Living Falls Church, Virginia • 703-531-0781

### Marian Manor

Assisted Living, Intensive Assisted Living Virginia Beach, Virginia • 757-456-5018

### Mennowood

Independent Living, Assisted Living, Memory Care Newport News, Virginia • 757-249-0355

### Our Lady of Hope

Assisted Living, Memory Care, Intermediate & Skilled Nursing Center Richmond, Virginia • 804-360-1960

### Our Lady of Perpetual Help

Extensive Assisted Living, Memory Care, Nursing Center Virginia Beach, Virginia • 757-495-4211

### Our Lady of the Valley

Assisted Living, Memory Care, Intermediate & Skilled Nursing Center Roanoke, Virginia • 540-345-5111

### Potomac Place

Assisted Living, Memory Care Woodbridge, Virginia • 703-494-3817

### St. Mary's Woods

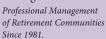
Residential Living, Assisted Living Richmond, Virginia • 804-741-8624

### Tall Oaks Assisted Living

Assisted Living, Memory Care Reston, Virginia • 703-834-9800

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A New Chapter

Author and Friend Reunite at Peace!

It's a small world after all! It's amazing to us how many residents, family members, and staff find connections from their past at Our Lady of Peace. Recently author Virginia Roy was reunited with her friend June Oakley. In 1997, Virginia wrote the book Charlottesville for Seniors with June featured on the cover. While the two friends lost touch after the book was published, they recently reconnected at Peace, where they are now neighbors. Friends old and new are always around the corner at Our Lady of Peace!





Live more, Live inspired

Our Lady of Peace Retirement Community

> 751 Hillsdale Drive Charlottesville, VA 22901





Best Senior Living Community

434-973-1155



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