

From the Our Lady of Peace Kitchen

Bananas Foster



Ingredients:

2/3 cup brown sugar
1/4 cup unsalted butter
Cornstarch to tighten
Cup of dark rum
Banana wheels (peeled and sliced
lengthwise and crosswise)
Vanilla ice cream

Directions:

Over low heat, melt butter, add sugar, and stir. Bring sauce to a simmer and add rum. You can ignite the rum or continue to cook off the alcohol. Add cornstarch if too thin. Scoop ice cream into a sundae cup, add banana wheels, pour sauce over the dish, and enjoy!