



December 2018



Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 1:15 Bingo (dp) 2:30 Movie (T)
2 2:00 Protestant Church Service (C) 4:00 Catholic Mass (dp) 6:30 Movie (T) The Post	3 9:00 Van Runs 9:30 Sit & Stand Exercise (fr) 10:15 Seated Exercise (fr) 1:15 Scenic Drive 1:30 Movie (T) 7:30 Blue Ridge Chamber Orchestra (dp)	4 10-12 Little Shop Open (First Floor) 10:00 Fresh Baked Brownies (L) 10:30 Rosary/Communion (C) 1:30 Movie (T) 6:15 Evening Bingo (dp)	5 9:00 Van Runs 9:30 Sit & Stand Exercise (fr) 10:15 Seated Exercise (fr) 2:00 Music with Joe/Tree Lighting (ml) 6:30 Movie (T)	6 1:30 Movie (T)	7 1:30 Movie (T) 5:30-7:30 Annual Christmas Party	8 10:00 Catholic Mass (dp) 1:15 Bingo (dp) 2:30 Movie (T)
9 2:00 Protestant Church Service (C) 3:30 Municipal Band Concert (CHS) 6:30 Movie (T) Disney/Pixar Animated Shorts	10 9:00 Van Runs 9:30 Sit & Stand Exercise (fr) 10:15 Seated Exercise (fr) 11:00 Book Reading (L) 1:15 Scenic Drive 1:30 Corn Hole (3rd Floor) 2:30 Chronology (ar)	11 10-2 Butterfly Lady's Sale (ml) 10-12 Little Shop Open (First Floor) 10:00 Children's Group (dp) 10:30 Rosary/Communion (C) 1:30 Card Game: 21 (L) 2:30 Movie (T)	12 9:00 Van Runs 9:30 Sit & Stand Exercise (fr) 10:15 Seated Exercise (fr) 11:30 Book Mobile (fpl) 2:30 Writing Christmas Cards (ar) 3:30 Cranium Crunches (cr)	13 10:00 Funny News Currents (L) 10:30 JOY Group (ml) 11:00 Hymn Sing (C) 11:30 Interfaith Prayer (C) 1:30 Adult Coloring (L) 3:00 Music & Fun with Eileen (ml) 6:30 First Baptist Church Women's Choir (dp)	14 9:00 Van Runs 9:30 Sit & Stand Exercise (fr) 10:15 Seated Exercise (fr) 11:00 Balloon Volley (L) 1:30 Book Club (Lib) 2:00 Trivia with Troy (L) 3:00 Crosswords (cr)	15 1:15 Bingo (dp) 2:30 Movie (T)
16 2:00 Protestant Church Service (C) 2:20 Woodmen Life (ml) 4:00 Catholic Mass (dp) 6:30 Movie (T) The Man Who Invented Christmas	17 9:00 Van Runs 9:30 Sit & Stand Exercise (fr) 10:15 Seated Exercise (fr) 11:00 Back Story (cr) 1:15 Scenic Drive 1:30 Putting with Troy (3rd Floor) 2:30 Sing Along (L) 6:00 Violin Recital (dp)	18 10-12 Little Shop Open (First Floor) 10:00 Men's Group (cr) 10:30 Rosary/Communion (C) 11-2 Sarita's Jewelry Sale (ml) 2:00 Christmas Pageant (dp) 3:30 Pretty Nails (ar) 6:15 Evening Bingo (dp)	19 9:00 Van Runs 9:30 Sit & Stand Exercise (fr) 10:15 Seated Exercise (fr) 11:00 Chicken Soup for the Holiday Soul (L) 2:00 Music with Jodi (ml) Birthday Dinner at your regular seats	20 10:00 Holiday Treats & Traditions (L) 11:00 Hymn Sing (C) 11:30 Interfaith Prayer (C) 1:30 Family Feud (L) 3:30 Cranium Crunches (cr) 7:00 Music with Jean DePiro (dp)	21 9:00 Van Runs 9:30 Sit & Stand Exercise (fr) 10:15 Seated Exercise (fr) 11:30 Books Sandwiched In 1:30 Crosswords (cr) 2:15 Rev. Wayland (C) 3:00 Nursing Homes Swing (dp): Jazz 123	22 1:15 Bingo (dp) 2:30 Movie (T)
23 2:00 Protestant Church Service (C) 4:00 Catholic Mass (dp) 6:30 Movie (T) It's A Wonderful Life	24 9:00 Van Runs 9:30 Sit & Stand Exercise (fr) 10:15 Seated Exercise (fr) 1:15 Scenic Drive 1:30 Corn Hole (3rd Floor) 2:30 Chronology (ar)	25 Merry Christmas!!	26 9:00 Van Runs NO EXERCISE CLASSES TODAY 1:30 Card Game: 21 (L) 2:30 Word Game (cr) 3:30 Movie (T)	27 10:00 Trivia with Troy (L) 11:00 Out to Lunch: Timberwood Grill 11:00 Hymn Sing (C) 11:30 Interfaith Prayer (C) 3:00 Sing Along (L)	28 9:00 Van Runs 9:30 Sit & Stand Exercise (fr) 10:15 Seated Exercise (fr) 1:30 IN2L Activity (L) 3:00 Crosswords (cr)	29 1:15 Bingo (dp) 2:30 Movie (T)
30 2:00 Protestant Church Service (C) 4:00 Catholic Mass (dp) 6:30 Movie (T) The Snowman/Father Christmas	31 9:00 Van Runs 9:30 Sit & Stand Exercise (fr) 10:15 Seated Exercise (fr) 11:00 Origin of New Years' Resolutions (L) 11:45 Countdown Til' Noon (Main Dining Room) 1:15 Scenic Drive 1:30 Putting with Troy (3rd Floor) 2:30 Back Story (ar)					

